

# INFORMATION PACKET

2024-2025 | Your time to shine!

# Starstruck All Stars

JOIN US  
THIS  
SEASON!

## '24-'25 SEASON

We are incredibly excited to be releasing our level placement packet for the 2024-2025 season and we thank you for your interest in STARSTRUCK ALL STARS Cheerleading Program.

## PROGRAMS FOR ALL

At STARSTRUCK ALL STARS we have several different competitive and performance team options. Whether you want to compete locally or travel to events, are brand new to cheer or an experienced athlete we offer a program for everyone!



[StarstruckIowa.com](http://StarstruckIowa.com)



# INTRODUCTION



## ABOUT US

SAS has been a trusted Cheer Gym & Dance Studio facility since 2013, with a reputation for excellence! With our custom facility and our excellent staff, we have all of the components needed to help your child succeed. Our mission is to develop athletes both on the mat and in their daily lives.

## IMPORTANT DATES

Elite Cheer Tryouts: April 27th

Elite Teams Announced: May 20th

Elite Practice Begins: week of June 16th

Prep Cheer Tryouts: June 22nd

Prep Teams Announced: June 27th

Prep Practice Begins: week of Aug 4th

## LEVEL / TEAM PLACEMENTS

The level placement process is to be as non-stressful as possible. Athletes will have their skill level assessed by demonstrating their best quality of jumps and highest level of tumbling, both running and standing tumbling is assessed. Following the skills assessment day athletes will be placed into a level practice group. Novice level and Home Team level do not have a tryout.

Each athlete will be placed on a team regardless of experience. Team placements are final once posted. Athletes may be asked to be a cross over or an alternate.

Crossover = Participate on two teams

Alternate = Potential fill-in for another team.

## TRYOUT CHECKLIST

- Participation Waiver available online
- Skills sheet will be emailed to you once you register your athlete.
- A good attitude and willingness to just do your best



# PROGRAM COMPARISON AND COST



## TUITION

Before considering competitive cheerleading please consider the financial commitment involved.

Tuition will be monthly payments beginning on the first month of the season through the last month.

Tuition payments will be run through our automated system and processed on the first of every month. Missed payments could result in the temporary postponement of your athletes participation until the athlete account is up to date.

Tuition is set and will not be prorated for any reason.

## DISCOUNTS

Families will receive 5% sibling discount off your child's tuition for All Cheer, Tumbling and Dance classes with 2 or more students enrolled at Starstruck All Stars.

## ATHLETE HANDBOOK

SAS's Athlete/Parent Handbook contains all of the rules and guidelines for both the athletes and parents that participate on any Starstruck All Stars team.

Additional specific details can be found regarding:

- Practice
- Competition
- Athlete Conduct
- Payment Policies
- Fundraising
- Important Dates

It is integral that each family familiarize themselves with these guidelines to avoid any issues throughout the season.

## TUITION BREAKDOWN SHEET

Elite Cheer .....	\$145 / 12m
Prep Cheer .....	\$116 / 10m
Novice Cheer .....	\$83 / 9m
Home Team Cheer .....	\$50 / 3m



# ATTENDANCE

## PRACTICE

All teams will have set practice days which typically remain consistent throughout the season and are only changed based on certain circumstances. Practice days and times will be set following team placements. Attendance is crucial to the success of any team. We do understand absences will arise, however, communicating this absence ASAP is essential. Multiple unexcused absences may result in the athlete losing spot(s) in the routine. It will be at the discretion of the Program Director to grant exceptions for extenuating circumstances.

## VACATIONS

Please work to plan your family vacations around the gym schedule, we work hard to give you the gym closures early. If you are taking a vacation for spring break, try to take it the week we are closed so you do not interfere with your team. When the competition schedule is released, please understand that this is what the entire team works for all year and an absence/miss the week of an event is detrimental to the team.





# ATHLETE POLICIES

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## REQUIRED CLASSES

In order to ensure the most comprehensive training and appropriately leveled competitive teams, it is required that some athletes take additional classes. Areas of focus in these classes are strength, conditioning, flexibility, tumbling and flyer skills. The cost of these additional classes will be the responsibility of the athlete's family.

## TUMBLING

If the athlete is not meeting the medium range requirements for tumbling in accordance with the SAS Rubric, the athlete will be required to enroll in either one tumbling class per week OR two monthly privates through SAS until that athlete is within range for tumbling.

## FLYERS

All flyers are required to attend one weekly flexibility class for the duration of the season. If the athlete is a flyer and is unable to perform the stunting/flexibility skills within the teams' choreography, the athlete will be required to enroll in either one flying/flexibility class per week OR two monthly privates with a stunting coach through SAS.

## UNIFORM / ATTIRE

SAS clothing and uniforms must be kept in good condition. Please report any lost or damaged uniform items to your coach. The cost of replacement will be the responsibility of the athlete. Athletes are required to wear assigned practice clothing and bows to each practice. Athletes can not have any piercings and or jewelry in for practice or competition. Please be mindful of this when thinking of getting new piercings. Band-aids and clear space holders still count.

## TRAVEL/COMPETITIONS

During the competition season, athletes are required to travel to events. Some athletes will travel to national events out of the state. In this case, a separate rule sheet is handed out closer to the time of the competition. Transportation to competitions is the responsibility of each athlete and their family.

## INJURIES

If an injury should occur, it is the responsibility of the parent to seek professional help. A physicians evaluation/documentation of the athletes injury and/or status must be provided to the coach. An athlete with a serious injury will only be allowed to return to activity with a release form from a medical professional.



# PARENT POLICIES

## COMMUNICATION

Here at SAS it is vital that you remain up to date with all gym & team notifications. As a parent, you will receive information in several ways. SAS's main form of communication is through email.

We also use the BAND app to communicate within each specific team. Your child's "SAS Team" BAND is where you find out the most current information regarding the all-star program and upcoming events.

Each athlete and parent will be assigned to their specific teams BAND where you will find information specific to the athletes team. During the season check the band often.



## DISCIPLINE

1st Violation- A meeting with the athlete defining the problem. 2nd Violation- A meeting with the athlete and the parents. 3rd Violation- The athlete may be removed from the team or the entire program. SAS reserves the right to remove athletes from the program for serious violations of our rules and expectations including but not limited to bullying, substance abuse, social media conduct, and toxic behaviors.

## COMPETITION ETIQUETTE

SAS prides itself on excellent parent dedication and support. It is encouraged that all parents sit together and cheer on Starstruck All Stars teams at competitions. Starstruck All Stars clothing is also encouraged to support the athletes. It is expected that any member associated with SAS shows respect for all athletes, coaches, teams and staff of the events.

## FUNDRAISING

SAS offers a variety of fundraising opportunities where funds will be credited directly to the athletes' account. The fundraisers involve extra work outside of cheer but it absolutely helps athletes cover cheer expenses. Most of our families participate in at least one fundraiser while others do every one that's offered. It's not a big deal and a pretty easy way to generate extra money to cover expenses throughout the season.

## TRADEMARK NOTICE

The logo of Starstruck All Stars belongs to the owners of the program. Recreation or selling of the Starstruck All Stars logo, image or likeness is not permitted. This includes but is not limited to; team names and any likeness to the logo, affiliation, and or program without the permission of Starstruck All Stars.